



engage! workshops

13 Athlete Ambassadors, 8 Dynamic Workshops

Learning Disability Awareness Workshop: Monday 22nd February 2016 at National Pool, Swansea

- There are approximately 1.5 million people with learning disability in the UK
- Less than 1 in 5 people with learning disability are in employment
- Just 1 in 3 people with learning disability are in education or training
- At least 65% of people with learning disability want to work

A fun and informative half day workshop that is interactive, thought provoking and insightful. Providing tips on accessible communication techniques for you or your organisation to better engage people with learning disability. Learn how better engagement can help on a personal, sport or organisational level. Who will benefit from attending?

- Chief Executives
- Managers
- Coaches
- Trainers
- Policy makers, leaders, and those that want to position their organisation at the forefront of good accessible inclusive practice.

Content

- Let's challenge perceptions
- The facts - Understanding the participant and hearing the athletes' stories
- Models of inclusion
- Communication – Good practice and practical tips
- Highlights of key legislation
- The road to sporting success (overview of pathways and competitions)
- Introducing our 'Change 1 Thing' Campaign
- Networking and photographs

Learning Outcomes

By the end of the workshop delegates will:

- Challenge negative perceptions, and confidently lead powerful, well informed discussions to influence others in society in the same way
- Understand the different methods of inclusion and how to apply them

- Understand the importance of effective communication in inclusive practice and how its benefits translate to other areas both personally and within your organisation
- Have an overview of key legislation
- Recognise pathways within disability sport for people with learning disability and the ingredients of classification
- Leave with a toolkit to support your ongoing work with people with learning disability.

Why choose UK Sports Association?

35 years on, the UK Sports Association for People with Learning Disability continues to be an important player through its work with Home Country Associations and Governing Bodies in the development of sport for people with learning disability across the UK.

It is the only national disability sports organisation working with people with learning disability across the UK in performance/elite sport. It is the only official Great Britain member of Inas, the international federation for athletes with intellectual disability. It is recognised by UK Sport and a member of the British Paralympic Association and it is part of the Paralympic pathway and route to Global Games.

Thanks to funding from Spirit of 2012, a trust set up to sustain the spirit and opportunities from London 2012, the UK Sports Association has translated its 35 years of expertise in sport and people with learning disability into an exciting and informative workshop series.

Tutors and Athlete Ambassadors

Janice Eaglesham MBE, Engage! Tutor

An experienced tutor, coach and disability advocate, Janice's career spans more than 30 years in disability sport. She was awarded an MBE for her outstanding service to disability sport in the Queen's 2016 New Year's Honours list.

Janice is responsible for writing and delivering a wide range of courses around disability awareness and inclusion training for teachers, teaching assistants, coaches, volunteers and national governing bodies of sport.

Jack Thomas, My Sport, My Voice! Ambassador and Engage! Co-Deliverer

Swansea swimmer Jack is a Commonwealth Games bronze medallist in S14 200m Freestyle and is aiming to compete at his first ever Paralympic Games in Rio in September 2016.

He has an ever growing medal collection, including silvers in the 100m Backstroke, 200m Individual Medley, and bronze in the 200m Freestyle at the 2014 IPC European Championships in Eindhoven.

Dan Pepper, My Sport, My Voice! Ambassador and Engage! Co-Deliverer

London 2012 Paralympian, Dan is widely regarded as one of the world's best S14 swimmers, having won multiple gold medals at World and European level.

Having lived through two Paralympic bans for all athletes with learning disability, Dan has an incredibly inspirational story to tell about overcoming setbacks and injustices. Now retired from competitive swimming, he works as a coach, a personal trainer and a motivational speaker.

Chloe Davies, My Sport, My Voice! Athlete Rep

London 2012 Paralympian, Chloe, from Neath, was selected as the youngest competitor - only 13 years old - to represent Great Britain at the London 2012 Paralympic Games.

She impressed on her Paralympic debut, qualifying with the fastest time from the heats for the S14 100m Backstroke, eventually finishing fifth in the final.

Earl McRae, My Sport, My Voice! Athlete Rep

Earl is an up and coming 400m sprinter and long jumper. The 20-year-old Cardiffian is a member of British Athletics' Parallel Success Academy.

Earl is training hard with the aim of breaking into the Development and the World Class Performance squads, which support athletes who have strong potential of achieving a place at a Paralympic Games.

**We think our workshops are inspirational, inspiring and educational.
But don't just take our word for it, this is what delegates have said so far:**

“Very inspiring – must share with a wider audience.”

“Inspirational individuals. Congratulations on your great achievements.”

“A great insight into the learning disability sport world.”

“There was a great mix of presentation styles and a fantastic display of achievements.”

**You can also watch a video summary of our workshop series on YouTube:
<https://www.youtube.com/watch?v=njy2I7Kuf80>**

Delegate Booking Information:

- Early Bird price £25.00 (Plus booking fee) available until 14th February.
- Standard price £40.00 (Plus booking fee). Additional tickets then available at half price, please contact UKSA office for details.

For more information or to book a place on a workshop, please contact:
engage@uksportsassociation.org or call 0207 490 3057.

Or visit www.uksportsassociation.org/2015/09/sign-up-now-for-our-workshops/ and follow the Eventbrite link.



/uksportsassociation



@UKSAPLD

