



Loughborough – Wednesday 27 April 2016

Venue	The Link Hotel, New Ashby Rd, Loughborough LE11 4EX
Timings	Registration from 12.30pm. Start 1pm, finish 5pm.
Organisers	Kate Mundle – 07826 373523 and Amber Hall – 07826 404537

Programme

- 12.30pm Arrive at The Link Hotel for registration, networking and light refreshments (tea, coffee, water and biscuits). Enter into the main reception where you will be directed to the room.
- 1.00pm Tutor's opening remarks and athlete introductions
➤ Introduction to the workshop
- 1.15pm Let's challenge perceptions
- 2.00pm The facts - Understanding the participant
➤ Hear the athletes' stories
- 2.50pm Comfort break
- 3.00pm Models of inclusion
- 3.20pm Communication – Good practice and practical tips
- 4.00pm Highlights of key legislation
- 4.10pm The road to sporting success
➤ Overview of pathways and competitions
- 4.20pm Introducing 'Change 1 Thing'
- 4.30pm Networking and photographs

Accessibility

The Link Hotel is a fully accessible venue, but if you do have any specific access requirements, please let us know as soon as possible so we can make every effort to accommodate. Complimentary parking is available on site.

Overview

Thanks to funding from Spirit of 2012, a trust set up to sustain the spirit and opportunities from London 2012, delegates will hear from British sports stars with learning disability, all of whom have achieved success on the international stage.

Our inspirational Athlete Ambassadors are co-delivering these interactive workshops, sharing the secrets of their success and their views and experiences on how best we can all communicate more effectively and confidently with people with learning disability.

Tutors and Athlete Ambassadors

Ian Mirfin, Engage! Tutor

Ian has been involved as both a professional and volunteer in provision of services, including sport, to disabled people for over 35 years. Since late 2013, Ian has worked part time with Scottish Athletics as Lead for Paralympic Athletes within the Performance Team. Ian was part of the GB coaching team at the recent IPC Athletics World Championships held in Doha.

Marcel Hodge – My Sport, My Voice! Ambassador and Engage! Co-Deliverer

Marcel is a former T20 100m world champion having won the event at the INAS 2014 World Games in Prague. He is a member of the British Athletics Para-Development Academy where he is now concentrating on the 400m and aiming to compete at a future Paralympic Games.

Martina Barber – My Sport, My Voice! Ambassador and Engage! Co-Deliverer

Martina was born three months prematurely and doctors reportedly gave her no more than 10 minutes to live. She defied the doctors' predictions and has gone on to become World and double European Heptathlon Champion in competitions organised by Inas – The International Federation for Athletes with Intellectual Disability. Martina continues to conquer all before her and for two years she has been a member of the British Athletics National Para Talent Development Squad, which supports athletes who have a strong potential of achieving selection at the Paralympic Games.



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Workshop Material

Delegates will be provided with an informative toolkit, with some practical tips and guidance as well as where to go for further information and support.

Here's what people have said about our previous events:

“Very inspiring – must share with a wider audience.”

“Inspirational individuals. Congratulations on your great achievements.”

“A great insight into the learning disability sport world.”

“There was a great mix of presentation styles and a fantastic display of achievements.”



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