



Swansea – Tuesday 2 May 2016

Venue	Wales National Swimming Pool Swansea, Sketty Lane, Swansea SA2 8QG
Timings	Registration from 12.30pm. Start 1pm, finish 5pm.
Organisers	Kate Mundle – 07826 373523 and Amber Hall – 07826 404537

Programme

- 12.30pm Arrive at Wales National Swimming Pool for registration, networking and light refreshments (tea, coffee, water and biscuits). Enter into the main reception where you will be directed to the room.
- 1.00pm Tutor's opening remarks and athlete introductions
➤ Introduction to the workshop
- 1.15pm Let's challenge perceptions
- 2.00pm The facts - Understanding the participant
➤ Hear the athletes' stories
- 2.50pm Comfort break
- 3.00pm Models of inclusion
- 3.20pm Communication – Good practice and practical tips
- 4.00pm Highlights of key legislation
- 4.10pm The road to sporting success
➤ Overview of pathways and competitions
- 4.20pm Introducing 'Change 1 Thing'
- 4.30pm Networking and photographs

Accessibility

The Link Hotel is a fully accessible venue, but if you do have any specific access requirements, please let us know as soon as possible so we can make every effort to accommodate. Complimentary parking is available on site.

Overview

Thanks to funding from Spirit of 2012, a trust set up to sustain the spirit and opportunities from London 2012, delegates will hear from British sports stars with learning disability, all of whom have achieved success on the international stage.

Our inspirational Athlete Ambassadors are co-delivering these interactive workshops, sharing the secrets of their success and their views and experiences on how best we can all communicate more effectively and confidently with people with learning disability.

Tutors and Athlete Ambassadors

Janice Eaglesham, Engage! Tutor

An experienced tutor, coach and disability advocate, Janice Eaglesham's career spans over 30 years in disability sport. Currently a senior tutor within Scottish Disability Sport, Janice is responsible for writing and developing a wide range of courses around disability awareness and inclusion training.

Jack Thomas – My Sport, My Voice! Ambassador and Engage! Co-Deliverer

Jack has been competing at elite level since 2010 but his breakthrough year came in 2014 when he won medals at the British Championships, Glasgow 2014 Commonwealth Games and IPC European Championships.

Jonny Gale – My Sport, My Voice! Ambassador and Engage! Co-Deliverer

Jonny is an opening batsmen for the England Learning Disabilities cricket team. He also captains Surrey County Cricket Club's disability team for players with learning and/or physical disability.



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Workshop Material

Delegates will be provided with an informative toolkit, with some practical tips and guidance as well as where to go for further information and support.

Here's what people have said about our previous events:

“Very inspiring – must share with a wider audience.”

“Inspirational individuals. Congratulations on your great achievements.”

“A great insight into the learning disability sport world.”

“There was a great mix of presentation styles and a fantastic display of achievements.”



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