# Expression of Interest

To be considered for invitation to GB Team to Virtus Championships

| PERSONAL INFORMATION | | | |
|---|---|---|---|
| Name | | Date of Birth | |
| Address | | | Town<br>County<br>Postcode |
| Do you have an advocate? If yes, give their name. | | Advocates relationship to you | |
| Advocate email | | Advocate telephone number | |
| Virtus class – please tell us which class (II1, II2, II3) | | Sport | |
| Have you paid your annual Virtus & Sport Excel UK fees? Are you listed as active on the Virtus Master List? Contact finance@sportexceluk.org if this is outstanding. | | What is your Virtus International classification Number? | |

| VIRTUS EXPERIENCE, SPORT BACKGROUND & COSTS | | |
|---|---|---|
| Name of Championships (e.g., Virtus 2024 Athletics Champs, Sweden) | Which event are you interested in? | |
| | 10k | Half Marathon |
| Are you part of an NGB performance pathway? | If yes, who is your NGB contact/Lead ? | |
| Is this your first Virtus event? If yes, what is the highest level of competition you have entered previously? If no, what was the last Virtus event at which you competed? | | |
| Finance & Costs: Consideration, selection and invitation is done so on the basis that all athletes are self-funding. See website for minimum costs. Submission of an expression of interest denotes acceptance of this and the ability to pay an immediate deposit of at least 50% of the minimum cost by 28.2.26 | | |
| Please indicate your acceptance of this and your ability to meet this need. | Yes, I accept and can meet this need. | No, I am unable to accept and cannot meet this need. |

Please do not pay any fees until Sport Excel UK confirms selection and extends an invitation.

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| COACH DETAILS | |
|---|---|
| Athlete Name | Home Coach Name |
| Home Coach Qualifications/Level | Home Coach email and telephone |
| How long have you been working with this coach? | Club Name & Address |

**TRAINING INFORMATION**

Please provide HEADLINES to give us an understanding of your weekly/monthly training plan. You may ask your coach to support you with this. We are interested in whether:

a) you are in regular training and competitions expected of an athlete seeking entry to a Championships of this level (Ensure this is relevant to the 10k and Half Marathon), b) you are a competent and experienced athlete; c) you are at a truly competitive level and have the potential of progressing to the top 5 (preferably top 3) performance places at the Virtus Championships. (consult results). Provide this on a separate sheet if easier.

Note: Please add any additional progress since the previous Virtus entry if relevant. If no changes state 'no changes.' Remember we take this information into consideration to confirm invitations, so ensure it is accurate.

By signing the declaration below, you are confirming the following:

1. You have reviewed Virtus results, the GB Selection Policy and GB Rules/Regulations and understand the level of competition expected, that substantiates your earlier statement.

DECLARATIONS: (Digital Signature are acceptable)

Competitor (signature) Date

Parent/Legal Guardian (signature)* Date
*(Only if competitor U18 or without legal capacity to consent)

Telephone and email:

Coach (Signature)

Date:

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## SPORT PERFORMANCES

Please provide us with your top 3 performances in each of the events you wish to be considered – ie the Half Marathon or 10k race.
Include date, event, performance, and Championships/location where it was achieved.

Please provide a link to the official database where we can verify these (e.g., Power of 10)
Include any other information you wish to be considered here.

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## FOR COMPETITORS – YOUR COMMUNICATION PASSPORT

(Only complete if there are changes to 2025 form. If no changes fill in your name & state 'no changes'

| | | | |
|---|---|---|---|
| Competitor Name | | | |
| Date of Birth | | Date completing this form | |

We want to make sure we communicate with you in a way that helps you. Please choose from the following:

I can be contacted in the following ways (Please tick all that apply)

- ☐ Email
- ☐ Twitter (twitter handle please)
- ☐ Facebook
- ☐ Telephone (best telephone number)
- ☐ Instagram (give Instagram name)
- ☐ Through an advocate

I prefer you to contact my advocate and they will talk to me

Yes or No

I prefer you to contact me directly and also let my advocate know too

Yes or No

I prefer you to contact me directly, I manage all my own messages and emails

Yes or No

Anything else we need to know